

Millions of women
suffer from bladder leakage & prolapse.



You don't have to be one of them.

If you suffer from bladder leakage during physical activity, or a feeling of bulging or pressure in your pelvic area known as prolapse, discover today's solutions. Therapy is now available to help restore your comfort, control and confidence.

To learn more, attend our **FREE** women's health seminar.

Monday, November 13 | 9:30 to 11 a.m.

Hosted by Heather Brooks, PT, Certified Women's Health Physical Therapist

CHRISTUS Good Shepherd Institute for Healthy Living

3133 Good Shepherd Way, Longview



CHRISTUS® GOOD SHEPHERD
Institute for Healthy Living