

WARM UP YOUR *Winter*

Whether you are looking to take a break & relax or are in need of healing your tired & sore muscles adding hot stones to your next massage will bring added relaxation & rejuvenation to your mind & body.



**Schedule Your *Hot Stone Massage* Today!
90 minutes for just \$95!**

Benefits of a Hot Stone Massage include:

- *Increased circulation*
- *Supports effective deep tissue therapy*
- *Relief from joint pain & stiffness*
- *Great for soothing achy feet, back & neck*
- *Improves flexibility & range of motion*
- *Great for cold hands & feet*
- *Supports stretching during & after massage by warming up the muscles*
- *Helps with restless leg syndrome*
- *Provides deep relaxation*
- *Good for insomnia*

**Call 903.323.6510 or, visit 3133 Good Shepherd Way, Longview.
*Offer good through December 31, 2017.***